

Recycled Seed Paper

Seed paper is a creative, homemade way to use recycled paper and give back to the environment - it will certainly "sprout" smiles!

Equipment / Tools

Blender

Mixing bowl

Plastic wrap or parchment paper

Paper towels or cloth

Materials

2 parts water

1 part paper

Plant seeds of your choosing

Make the Seed Paper Pulp

Tear the paper into small pieces, and place it in the blender. Then, add twice as much water as paper. (For example, if the paper reaches the 1 cup mark on the blender, add 2 cups of water.) Blend the paper into a pulp, and then transfer it to the mixing bowl. Squeeze the water from the pulp, and make sure there aren't any large chunks of paper in it.

Add Seeds to Paper Pulp

Mix the seeds into the pulp using your hands or a spoon. Don't use the blender, which can damage the seeds.

Press the Seed Paper Pulp Into Shape

If you are using cookie cutters as molds to make specific paper shapes, place them onto a piece of plastic wrap or parchment paper. Then, press the paper pulp firmly inside the cookie cutters for even coverage, and remove the cookie cutters.

If you aren't using cookie cutters, simply press the paper pulp on plastic wrap or parchment paper into your desired shape. Try to spread the pulp fairly thin, as a thick layer will take longer to dry. Use a paper towel or cloth to press as much water as possible from the pulp.

Leave the Paper to Dry

Drying the seed paper quickly is essential. Otherwise, the seeds might start to sprout. Place the seed paper in a warm environment, and ensure that air can circulate around it. Blowing the seed paper with a hairdryer on the cool setting can help it to dry.